

BAWBURGH NEWS

Issue 486 Volume 41

£5 per annum

July 2024

Come to the Fete and Duck Race!

On Saturday 13th July, the famous Bawburgh Duck Race is due to return to the Village Green.



The Fete will start at 2:00pm on the Village Green.

There will be a wide range of stalls, including the ever-popular cake and bottle stalls. If you have donations for either, please take them to the Green in the morning.

The Kings Head will run their bar serving drinks and snacks.

The barbecue will be selling burgers and hot dogs.

There will also be a stall from John Innes and also the book stall.

Duck Race tickets are available from committee members in advance and on the day and are £2 each, with prizes of £100, £50, and four of £25.

The Children's raft race will start at 3:00pm.

The Grand prize Draw has

three prizes; a hamper, a voucher for a meal at the Kings Head and a voucher for Glen Lodge.

The Grand Prize Draw will take place at 4:00pm.

The duck race will start at 4:30pm.

Setting up usually begins at 9:30am with help needed in the Village Hall and on the Green.

This is the village's main fund-raising event and helps to provide money to maintain the fabric of the village and allows us to be able to put on other events.

If you are able to help, or you want more details about what is involved, please contact:

bawburghvhevents@gmail.com

Inside this issue

News

Fete and Duck Race	1
Elections	2
Andy Simpson joins BN.....	3

Events

Talks for Everyone	3
50 / 50 Club	3
Coffee Morning.....	7
Church Services.....	7
Social Evening.....	10
Playgroup	10
Youth Club	10

Features

Bawburgh Voices	
Andy Simpson.....	4
Puzzle Page.....	5
Doin' Diffrent	
Catherine Maud Nichols.....	6
Vicar's Voice	7
Bawburgh Cooks	8
Wild about Bawburgh	
Wild Plants.....	9
The Garden Shed.....	11

Information

Birthdays	12
Useful Information.....	12
Diary Dates	12

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South Norfolk Election

On Thursday 4th July, the whole country will go to the polls in the General Election. In Bawburgh, the Village Hall will be open between 7am and 10pm for people to vote for the Member of Parliament for South Norfolk.

The previous MP, Richard Bacon, announced he would be standing down last May. He previously held the seat with a majority of 21,275.

In this election, there are seven candidates:

- Christopher BROWN, Liberal Democrat
- Paco DAVILA, Independent
- Ben GOLDSBOROUGH, Labour Party
- Chris HARRISON, Reform UK
- Jason MAGUIRE, Social Democratic Party
- Catherine ROWETT, Green Party
- Poppy SIMISTER-THOMAS, The Conservative Party Candidate

What ID do you need to vote?

- a valid passport issued by the UK, any of the Channel Islands, the Isle of Man, a British Overseas Territory, an EEA state or a Commonwealth country
- a driving licence issued by the UK, any of the Channel Islands, the Isle of Man or an EEA state (this includes a provisional driving licence)
- a biometric immigration document
- an identity card bearing the Proof of Age Standards Scheme hologram (a PASS card)
- Ministry of Defence Form 90 (Defence Identity Card)
- a Blue Badge
- a national identity card issued by an EEA state
- an Older Person's Bus Pass
- a Disabled Person's Bus Pass
- an Oyster 60+ Card
- a Freedom Pass

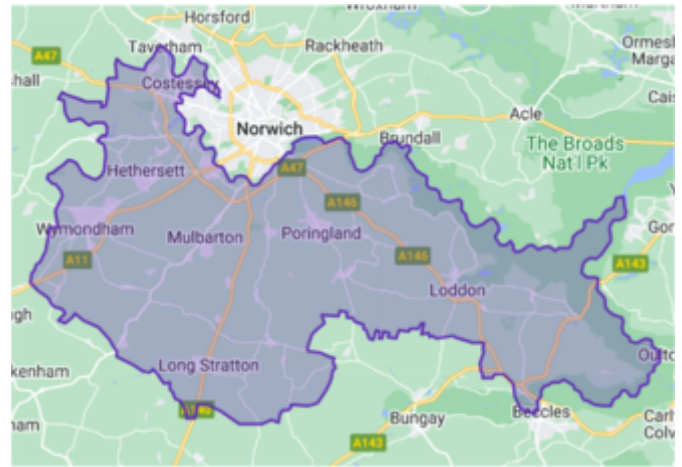
There are also some additional IDs accepted which were issued by Northern Ireland or Scotland.

For an even fuller list visit:

<https://www.southnorfolkandbroadland.gov.uk/elections/voter-id>

The South Norfolk Constituency was recently changed in the boundary review.

Wymondham, Costessey, Colney and Cringleford are now all in the Constituency.



This is the first general election where photo ID is required to be able to vote. For a list of what ID is required, please see the article on the left.

With two weeks left until polling day, at the time of going to print, the most recent YouGov poll suggests that South Norfolk may be won by Labour's Ben Goldsborough with 37% compared to the Conservative's Poppy Simister-Thomas on 31%.

Other large-scale polls also suggest a similar result.

This would certainly be a shock outcome after the seat being held by the Conservatives for over 74 years!

A lot can change in two weeks and the result will be very interesting, as will the overall results of the election which look to be potentially record-breaking, and possibly historical.

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Welcome Andy Simpson to the Bawburgh News Team

This month's Bawburgh Voices is written by our latest member of the Bawburgh News Team, Andy Simpson, see page 4.

Andy has very kindly agreed to take over the writing of the very popular Bawburgh Voices feature from Mary Wilkinson.

Mary wrote the Voices every month for eight years and we are very grateful for the work she did in that time. We are also pleased that she is still writing for the News, co-ordinating the Bawburgh Cooks recipes section, see page 8.

This month's Voices is Andy introducing himself to the readers of Bawburgh News.

He is looking for other people to interview, so, if you know someone who would be happy to be part of the Voices, or you would like to be interviewed yourself, please get in touch with him at:

andysimpson775@gmail.com



Talks for Everyone

Entrance, including tea or coffee: £3

Tuesday, 9th July

7:30pm in the Village Hall

Anne Edwards: Churchyard Conservation in Hethel

It is estimated that since 1945, 98 percent of English wildflower meadows once widespread in the countryside have vanished. Many Norfolk churchyards are remnants of these meadows (often present before the church itself) and vital to the survival of various wildflower species. Anne Edwards will give a talk on her experience of the wildlife management at Hethel All Saints churchyard. This is carried out by the Wymondham Nature Group, the 'action arm' of the Norfolk Wildlife Trust.

August

Caistor Tour

There is no talk at the VH in August but Jenny hopes to organise a tour of the dig at Caistor probably during the week of the 19th to the 23rd. More information to follow.

Mary, Jenny and Lin

50 / 50 Club Winners

In June, the 50 / 50 Club winners were:

- Jane Snelling
 - Suzanne Balls
 - Janet Baker
 - Martin Payne
 - John Balls
- Well done to all involved.

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Puzzle Page: Battleships

Battleships is a logic puzzle based on the Battleships guessing game. In a square grid of 10 x 10 small squares there is an armada of battleships. There is one battleship with 4 squares, two cruisers with 3 squares, three destroyers with 2 squares and four submarines with 1 square. Each ship occupies a number of connected spaces on the game board, arranged either horizontally or vertically. The boats are placed so that no boat touches another boat, even diagonally.

The numbers at the bottom and right of the grid indicate how many spaces are occupied by ships in the corresponding rows and columns.

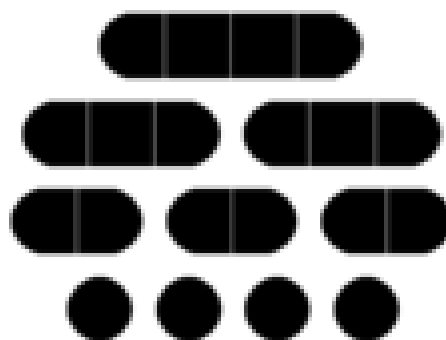
Occasionally, some squares contain predetermined ship or water segments as a clue to help you get started with the puzzle. The goal is to work out where all the ships are.

This is a medium version.

The solution is on page 11.

								●		2
										1
●										1
							●			2
										2
										4
					■					2
								■		3
										1
										2
2	0	5	0	0	5	0	2	2	4	

<https://sudoku-puzzles.net/battleships-medium/429/>



Like to advertise in Bawburgh News?

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Doin' Diff'rent : Catherine Maud Nichols

The Norwich artist Catherine Nichols was born in 1847 in one of those nice Georgian houses by the bus station on Surrey Street in Norwich.

Her family were comfortably off and as a baby she was cared for by both a nurse and a nanny. Catherine was always known as Kate. Her father, a surgeon at the Norfolk and Norwich Hospital and at one time Mayor of the city, came from a wealthy local farming family.

In 1866 Kate was presented to the Prince and Princess of Wales at a ball held in their honour at Costessey Hall where the royal couple were staying with the Jerningham family.

Kate studied for a while at Norwich School of Art and became particularly interested in etching or dry point engraving. Following her studies, she travelled to Paris and met many of the famous artists who had gathered there at the time. She then returned to England and to Newlyn in Cornwall, where the British Impressionist style was beginning to become fashionable. Later, back in Norfolk, Kate made many studies of the city and nearby countryside and her work was exhibited at the Royal Academy. The picture shown here is of

animals being herded down Ber Street in Norwich. Kate submitted an etching called 'Scotch Firs' to the Royal Society of Arts in 1882 and was given the honour of becoming their first woman fellow.

In 1889 she was made president of the newly formed Woodpecker Art Club, which was so named because the members were said to be always chipping away at their wood engravings.

Alfred Munnings, Edward Seago and Bernard Meadows were among the many well known local artists who were members of the club. Although she was the club president for many years, the article I found about the group didn't mention Kate. The group later merged with The Norwich Art Circle and still exists today.

Kate died in 1923 and a painting of her by the artist Edward Elliot, was

presented to Norwich Castle by Prince Frederick Duleep Singh, who succeeded her as president of the Woodpeckers.



Jenny Press

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Vicar's Voice

At the end of this month, we will be at the start of the Olympic Games in Paris. You may be one of those people who are dreading the back-to-back sports coverage. I'm not a particularly sporty person but I love to watch most sports and there is something special about the Olympics and the spirit that it imbues within the athletes and the stories that come from it.

In the 1992 Olympics in Barcelona the British runner Derek Redmond was a favourite to win a medal in the 400m final. But halfway through the semi-final he tore his hamstring and then fell to the ground. But the Olympics are special, and he climbed to his feet and began to hop on his left foot, determined to finish the race. His father ran from the stands, put his arm around his son and helped him across the line. If you haven't seen the video, it's available on You Tube, it's worth a watch and embodies all the Olympics is about.

In the Book of Hebrews, in the Bible, it tells us to:

"lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us."

We each have our own trials and tribulations to overcome in the race that is set before us. Perseverance isn't always easy and on occasion we will fall. But just like Derek Redmond we have a father in God, who is always alongside us. We never have to try and finish the race alone because he is there beside us, waiting to pick us up.

As always, should you need anything, please do get in touch. My door is always open for a cuppa and a chat.

Rev Laura Montgomery

Church Services

July

7th	10am	Holy Communion, Easton
14th	10am	All Age Service with Holy Communion, Colton
21st	10am	Holy Communion, Bawburgh
28th	10am	Holy Communion, Marlingford

Communion at home can be arranged for those who because of illness or frailty are unable to come to the Sunday service.

If you have any queries about services, baptisms and funerals, you can contact Laura on 01603 744551 or by email at:

eastonbeneficeoffice@gmail.com

Coffee Morning

The June morning was another happy, full event, on a slightly less miserable weather day!

The takings were £99.

The next Coffee Morning will be on Saturday 6th July from 10:30am.

Everyone is very welcome.



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Bawburgh Cooks

Pamela's Chocolate and Honey Cake

Many of our favourite recipes have been passed on to us by friends or family. Pamela Ross tells us the story of her special cake recipe:

'The recipe for this delicious moist cake was sent to me by my American friend, Heather, now living in Australia, an artist and poet, whom I haven't seen for over 40 years. We re-connected by email during Covid, and have continued writing and sharing our experiences since we last met at art school in Boston, Massachusetts! Created by an Australian author, Rita Erlich, a much-admired cook, this cake is baked to celebrate the Jewish New Year; honey signifying the hope that the new year will be sweet.'

Bake two or three days before eating. The flavour is enriched by time.

Ingredients (Please note conversions are approximate!)

2 eggs (large)
½ cup oil (4 fluid oz or 110ml) - sunflower or 'mild and light' olive oil
¾ cup honey (6 fluid oz. or 165 ml) – full-flavoured
Grated rind of one orange
1 cup white sugar (7 oz or 200g)
1 cup self-raising flour (4¼ oz or 115g)

1 cup plain flour (4¼ oz or 115g)
2 tablespoons cocoa
Scant teaspoon each cinnamon and mixed spice
½ teaspoon ground cloves
½ teaspoon bicarbonate of soda
1 cup boiling water (8 fluid oz or 220 ml)

Method

Pre-heat conventional oven to 180°C; fan-assisted oven to 160°C.

Grease a 23-cm round, 'water-tight' cake tin; dust lightly with flour.

If using a cup, measure the oil first and pour into mixing bowl. Then measure the honey; that way the honey slides out of the measuring cup into the bowl.

Add eggs, sugar, grated orange rind.

Sift together flour, spices and cocoa; add to mixture; stir well – it will be very thick.

Mix bicarbonate of soda with the boiling water; add to the mixture in the bowl.

Stir carefully and well. Pour into cake tin.

Bake in the centre of the oven for about an

hour, until a skewer inserted into the centre of the cake comes out clean, and cake has shrunk away from the edges of the tin. Cool completely, wrap in foil, and leave it alone, eaten fresh it is rather dull and dry.

To serve: You can dress up the cake with melted chocolate as a topping, or surround it with fresh raspberries as I do.

Next month: Helen's Pea and Basil Soup

If you'd like to join the team and contribute one, or more, of your favourite recipes please get in touch. Mary Wilkinson, mary01@clara.co.uk

Gardener/Handyman

General garden maintenance and outdoor repairs.

Fence building and repairs

For more details contact

Nick Cooper 07788 112113

John Innes

June was busy with visits to the Cereals event and Morley Innovation day along with hosting visitors to Church Farm. A common theme in conversations at all of these events was the difficulty in controlling plant diseases this year with the weather providing the double edged sword of good conditions for disease development whilst preventing timely applications of chemical control. This does help to focus farmers' minds on the importance of choosing crop varieties with good genetic resistance.



Darryl Playford

darryl.playford@jic.ac.uk

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Wild about Bawburgh: Wild Plants

I know many of you may be upset by this Spring's no mow policy on verges and meadows, which has been recommended this year, enabling more wildflowers to grow, thus providing vital sources of nectar for the depleting insect population.

Those suffering from hay fever or those desirous of tidiness and order may not have liked this strategy.

However, I personally have been fascinated and delighted by the many different wildflowers in these unmown areas. This has been highlighted for me with the increase in bee orchids in many of the unmown areas including the top of the field at the back of the village hall, outside the confines of the play area (thank you Jenny for your photo). Also, the addition of unusual plants such as the common broomrape which I photo'd in the meadowland by the Yare at Bowthorpe.

I have delighted over the ox-eye daisies which are growing in profusion this year, and the red field poppies in the uncut verges. Yellow buttercups have been in profusion and increased the colour diversity. Even the grasses can be seen in all their glory and many different species can be seen from their different morphologies. Did you know there are 160 grass species found in the UK out of the number of about 12,000 worldwide? This reflects their varied and adaptable nature, capable of growing in a variety of different and sometimes hostile ecosystems.

The genus, *Orobanche*, contains the broomrape

species, which is a variable group of parasitic plants, many of which are rare. As these plants do not contain chlorophyll, they obtain their nutrition by infiltrating the roots of host plants to obtain their nutrition, and as such they are sometimes referred to as 'vampire plants'. The species has a number of subspecies which are only just being researched and are largely subdivided in relation to their host plants.

The species growing along the river Yare, is known as common broomrape (*Orobanche minor*) and is classed locally common, but

still of great interest to nature conservationists.

The common broomrape has many host plants including the pea family, daisy family, clover, wild carrot and others which are constantly coming to light. It is a plant which is extremely variable in colour and appears purplish, brownish with yellow and sometimes has red tinges. I can't say it is a pretty wildflower, but its uniqueness cannot be disputed.

I would be interested to hear your comments, and see your photos, of spring wildlife this year.

Lin Gibson



Bee Orchid (thanks to Jenny Press)

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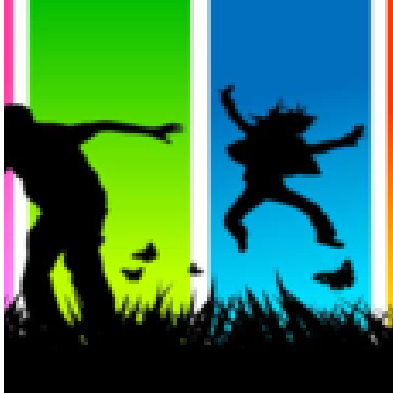
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Youth Club

Meets on the last Friday of every month from 6:15pm – 8:00pm (for children of 6 years and above). £2.50 entry per child.

Friday 26th July



Contact: Sarah Lambiase at school

Social Evening

at Bawburgh Village Hall on
Friday 12th July 2024
from 6:30pm until at least 9:30pm



Licensed Bar/Darts/Table Tennis/Pool
Contact: Colin Clark

Bawburgh playgroup

Takes place every Friday during term time at the Village Hall from 9:30am to 11:00am. Entry £1.50 (£2 for two children) includes snack for the children and tea/coffee for parents

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jocarlick2016@hotmail.com



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The Garden Shed - July

Cut back early flowering perennials, such as oriental poppies, delphiniums and hardy geraniums to the ground to encourage regrowth and repeat flowering, and to create extra space in the border for other plants.

Stake taller growing annuals, such as ammi majus, sunflowers and cosmos, to prevent breakages or being blown over. Hazel or metal stakes can gently provide support and ease plants upright. Ideally it should not look as though you have done anything at all.

Feeding Containers - Most container plants will have exhausted the nutrients from the compost they were originally planted in and will need a regular supplementary feed (tomato feed is ideal) for the rest of the summer. Do not be tempted to make the feed stronger than required - if in doubt reduce the strength.

Prune Rambling Roses - Most ramblers only flower once and should be pruned as soon as they have finished flowering. If you are in doubt as to whether your rose is a climber or a rambler, ramblers tend to be much more vigorous and always have a mass of small flowers that never repeat once they have finished.

Sweet Peas - Use scissors and cut every stem as long as possible to encourage more growth; and as soon as you see any seed heads remove them immediately.

Sow Parsley - Thin seedlings and space them 9 inches apart, allowing each to become really vigorous.

Sow Lettuce directly into the soil in July. It will be ready for harvesting 6-8 weeks after sowing.

Potato Blight is a fungal disease that rots first the stems and then, as it is washed into the soil by rain, the tubers making them unstorable if not inedible. The fungi develop very fast when the temperature is high and the air humid for 23 hours and these conditions are becoming increasingly common in July. The crop can be saved if the foliage is removed immediately the tell-tale chocolate coloured circular areas of the leaves is noticed - they quickly spread and collapse. Remove all foliage and compost it (the fungi do not survive the composting process) and make sure that there is a good soil covering over the tubers. Then wait for a dry day and harvest the crop. For future consideration, first and second early varieties are much less likely to be affected because they mature faster and are ready for harvesting earlier in the season.

Harvest Garlic & Shallots - Once the leaves begin to yellow and seed heads start to form, use a fork to lift the plants to avoid damaging the roots and especially the root-plate - where they attach to the bulb. Clean any surplus soil but do not remove any foliage or roots before putting them to dry thoroughly. If it is warm and dry leave them on the soil, or use a rack in a greenhouse. Once they are absolutely dry - usually after a few weeks - they can be topped and tailed for storage.

Prune summer currants - Remove any new growth that is crowding the centre of the bushes and cut back the new shoots you wish to keep by about a third. This will let light and air into the plant, encouraging the wood to ripen and spurs to form which will carry next year's fruits.

Outdoor tomatoes - Pinch out the side shoots as you tie the growing plants to their stakes. High humidity and warm weather increases the risk of blight so remember to keep the plants well ventilated by stripping off lower and crowded leaves to allow the tomatoes to have maximum exposure to sun.

Summer pruning of apples and pears is very useful for trees that have become too large or crowded. Unlike

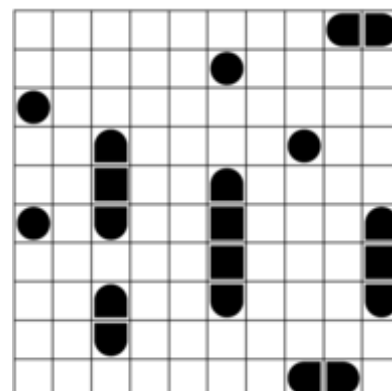
winter pruning, done when the tree is dormant, pruning now will not stimulate vigorous regrowth, but will allow light and air onto the fruit that is ripening. Unless you are training a particular new shoot, remove all this year's growth back to a couple of pairs of leaves (about 2-4 inches) being careful not to remove any ripening fruits.

With thanks and acknowledgements to Monty Don. For more tips and advice visit www.montydon.com

Marion Malone



**Puzzle Page:
Solution**



Useful Numbers

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non-emergencies 101
101 is available 24 hours a day, seven days a week.

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pc@bawburghvillage.co.uk

Bawburgh Parish Chairman:
Peter Markham
01603 811339

Vicar: Rev. Laura Montgomery 01603 744551

Village Hall Bookings: Kathy Watchorn
bookings@bawburghvillage.co.uk

Bawburgh School: 01603 742329

Road problem reporting:
www.norfolk.gov.uk/roads-and-transport/
roads/report-a-problem

Our Bus

Monday, Wednesday and Friday

The 806A leaves the Kings Head at 10:00am and goes to Wymondham, arriving at 10:37am

It returns from Wymondham at 12:18pm and gets back to the Kings Head for 12:55pm

Tuesday and Thursday

On a Tuesday and Thursday, the 808 leaves the Kings Head at 9:14am. It travels to Longwater and arrives at 9:32am in time to catch a connecting bus to Norwich City Centre.

There are two return buses. The first leaves at 11:15am and gets back to the Kings Head at 11:33am.

The second bus leaves Longwater at 12:50pm and gets back to Bawburgh at 1:06pm.

Park & Ride – is managed by Konectbus.
www.konectbus.co.uk 0330 0539358.
510 serves Hospital and 511 the University ONLY from Costessey Park and Ride.

Thickthorn Timetable: first bus to City Centre (Bus Station) from 0635 Mon-Fri, 0700 Sat. 0915 Sun

Last bus from City Centre (Bus Station) to Thickthorn P&R 1930 Mon-Fri (later on Thursdays), 1845 Sat. 1720 Sun.

Please note that Bawburgh News copy date

is the 20th of each month

or earlier if possible, please.

Check your village Website at:

www.bawburghvillage.co.uk

Diary dates

July 2024

Tue	2nd		🗑️ Grey bin collection
Thu	4th	7:00am	Polling Day (Village Hall)
Fri	5th	9:30am	Playgroup (Village Hall)
Fri	5th		🗑️ Brown bin collection
Sat	6th	10:30am	Coffee Morning
Tue	9th	7:30pm	Talks for Everyone (Village Hall)
Tue	9th		🗑️ Green bin collection
Thu	11th		Mobile Library:
		9:35am	Stocks Hill
		10:00am	Church Street
Fri	12th	9:30am	Playgroup (Village Hall)
Fri	12th	6:30pm	Social Evening (Village Hall)
Sat	13th	2:00pm	Fete and Duck Race
Tue	16th		🗑️ Grey bin collection
Thu	18th	7:00pm	Parish Council Meeting (Village Hall)
Fri	19th	6:15pm	Youth Club (Village Hall)
Fri	19th		🗑️ Brown bin collection
Tue	23rd		🗑️ Green bin collection
Fri	26th	6:15pm	Youth Club (Village Hall)
Tue	30th		🗑️ Grey bin collection

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